

Resources

The Gin Craze and Tempering the Spirits

James Nicholls, The Politics of Alcohol, Ch 3, ["A New Kind of Drunkenness ? The Gin Craze,"](#) Ch 5, ["A fascinating poison: early medical writing on drink,"](#) Ch 8, ["The last tyrant: the rise of temperance"](#)

Warner, ["The Ladies Succumb"](#) A little difficult to read (the symbols are where pictures should be)

Drinking Rituals: Identity, Politics, and Civil Society (Communism to the Cold War)

Selections from the writings of Mao Zedong: Economic and Financial Problems in the Anti-Japanese War (Second Sino-Japanese War, 1942): ["On the Development of Animal Husbandry,"](#) Excerpts from ["On the Development of Agriculture,"](#) ["On the Development of the Salt Industry,"](#) and ["On Grain Work."](#)

- Leon Aron, ["Food,"](#) (Sept., 1989), p. 12-13

- R. Danelyan, ["Sausage Secrets,"](#) (Sept. 1989), p. 13-14

A. Chernyak, ["Excerpts from a Pravda Article \(Sept., 1988\),](#) p. 14-15, World Affairs 152 (1989)

Article (by Karlheinz Jardner) and accompanying photos (by Solveig Grothe) from Spiegel Online International, ["East Germany, Up Close and Personal: Images of a Lost World,"](#) (April 17, 2009)

Selections from Yehuda Lukacs, The Israeli-Palestinian Conflict: A Documentary Record, 1967-1990 (International Center for Peace in the Middle East, 1992).

Early Civilizations:

Piotr Michalowski, ["The Drinking Gods: Alcohol in Mesopotamian Ritual and Mythology,"](#) (27-44)

Early Mediterranean Societies:

Comparative: Read James C. Wright, ["A Survey for Feasting in Mycenaean Society,"](#) Hesperia 73, no. 2 (Apr. ? Jun., 2004), 133-178. Short excerpt from James C. Wright, The Mycenaean Feast (American School of Classical Studies at Athens, 2004).

Discuss the nature and purpose for feasting. What are its purposes? Why do humans share food? What types of food are served at feasts and why?; rituals and feasts.

Ancient Americas:

Short excerpt from Hinrich Rink, Tales and Traditions of the Eskimo, (Courier Dover Productions, 1997)

Excerpts from The Memory of Fire I. Genesis: Part One of a Trilogy, trans. Cedric Belfrage (New York: Pantheon Books, 1985), ["Honey,"](#) ["Seeds,"](#) ["Corn,"](#) ["Tobacco,"](#) ["Maté,"](#) ["Cassava,"](#) ["The Potato,"](#) ["The Kitchen,"](#) ["For the Love of Fruit,"](#) ["On Cannibalism in America,"](#) ["Techniques of Hunting and Fishing,"](#) ["The Strawberry,"](#) and ["How to Behave at the Table,"](#) on pp. 27-31. [All very short] Discuss how early (Southern and Northern) Americans expressed their culture through food. What did food mean to them? What did they say about food in their myths, stories, pottery, and carvings?

Africa:

Myths from <http://www.sacred-texts.com/afr/fssn/>. Selections from Said Hamdun and Noel Quinton King, eds., Ibn Battuta in Black Africa (Markus Weiner Publications, 2005). Selections from Fran Osseo-Asare, Food Culture in Sub-Saharan Africa (Greenwood Publishing Group, 2005).

Early Modern Medicine:

- Donald, Beecher, "[Nicolás Monardes, John Frampton and the Medical Wonders of the New World](#)"]

The the primary source discussed above:

[Nicolás Monardes, Joyfull Newes out of the Newe Founde Worlde](#), vol.1 3-11, 34-37, 47-48; vol.2, 3-7, 31-32]

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